

POST-CONCUSSION SYNDROME

It is possible for some symptoms to persist for months after a head injury.

For example: poor problem solving, irritability, insomnia – inability to sleep, headaches...

SIGNS OBSERVED BY PARENTS OR GURADIANS

- Appears dazed or stunned
- Is confused about events
- Answers questions slowly
- Repeats questions
- Can't recall events prior to the hit, bump, or fall
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Forgets class schedule or assignments

SYMPTOMS REPORTED BY YOUR CHILD OR TEEN

Thinking/Remembering:

- Difficulty thinking clearly
- Difficulty concentrating or remembering
- Feeling more slowed down
- Feeling sluggish, hazy, foggy, or groggy

Physical:

- Headaches or pressure in the head
- Nausea or vomiting
- Balance problems or dizziness
- Fatigue or feeling tired
- Blurry or double vision
- Sensitivity to light or noise
- Numbness or tingling
- Does not feel right

Emotional:

- Irritable
- Sad
- More emotional than usual
- Nervous

Sleep:

- Drowsy
- Sleeps less than usual
- Sleeps more than usual
- Has trouble falling asleep